

A Tip From Oprah:

Talking on a cell phone while driving is the equivalent to having 4 alcohol drinks

Texting while driving is the equivalent to having 8 alcohol drinks.

Want more?

A 20 year old person's reaction time while driving and talking on a cell phone is that of a 70 year old person.

Turn your phone off while driving your car..... save a life and possibly save your own as well.